

21 DAYS OF PRAYER AND FASTING (Week 2)

We will continue our fast this week with prayer and worship to seek God's face for direction for ourselves, family, church and country as the disciples did in the church of Antioch.

While they (the disciples) were worshiping the Lord and fasting, the Holy Spirit said, "Set apart for me Barnabas and Saul for the work to which I have called them." ³ So after they had fasted and prayed, they placed their hands on them and sent them off. Acts 13:2-3 (NIVUK)

When the Lord leads us to fast, we need to respond. This must be a conviction to fast by the Holy Spirit, which means there will be no guilt, pressure or condemnation connected with it. Allow God's Spirit to lead you into the fast He has for you. Learn to hear and obey His voice this week.

WHAT TYPE OF FASTING?

Each time fasting is mentioned in the bible it means one has to deny self of something, and in particular food, to set times aside to pray to God, reading the bible for revelation, listening out to the Holy Spirit for direction, reflecting and journaling to take action.

The whole church will commit to fast and pray for 21 days beginning Saturday 2 to Friday 22 January 2021 inclusive.

Week 1 – you will miss one main meal and cut down on other food intake

Week 2 – you will miss two main meals, drink water, juice or milk in between

Week 3 – you will not eat any heavy meal but one light meal in the day; cut out any oily food

ALTERNATIVELY

Have a **partial fast** i.e. Daniel fast – You will only eat fruit, vegetables, porridge, drink water, juice or milk as substitutes throughout the 21 Days. No heavy meals or oily food.

OR;

You will choose **three days in each week** to do a **total fast** – no food whatsoever during those days but drink water, juice/milk (*and revert back to the general guidelines for the week*)

Saturday 9 January

We have to remind ourselves that prayer mobilises heaven to move on earth. As you fast, dedicate a daily time to present your petitions before the throne of God and pray for them. When you pray daily during your period of fasting, those prayers will accumulate and you will receive a breakthrough, which is a sudden burst of supernatural intervention in your case to give you what you are asking God for.

Read – Revelation 8:3-5; Genesis 24:32-53; Genesis 25:19-28

Pray – Pray for the spirit of obedience and commitment to God in your life. Pray that as you Obey God you will do what he is directing you to do in line with His Word.

Spend time to pray for yourself and the wellbeing of your family. Mention their needs before the Lord your God and worship Him. Finally pray for PG and the leaders of our church to lead us to connect intimately with God.

Journaling – What is God saying to you today? Write it down and act on it before the day is out.

Sunday 12 January

To receive a specific breakthrough in your life we need to be specific in our prayers and petitions especially during the times that we fast. The petitions may well be for physical, mental, emotional or spiritual things.

There are some hinderances or delays in our lives that won't change or shift until we fast and pray. And while you do so, remember that Satan the enemy would like to create doubt in your mind about your identity and purpose. Refuse to listen to Satan's voice, instead focus on the Word of God and be led by the Holy Spirit.

Read – Matthew 4:1-11; Matthew 19:23-30; Luke 9:23-27

Pray – Today we want to pray that we will look to Jesus and not allow unbelief, difficulties or doubt cloud our minds and get in the way of what God want to do with us. Pray for the determination to continue the fast until you see God send His angels to strengthen you.

“Impossibilities change when you confront them with prayer and fasting”. Be strengthened with this phrase and continue to bring your case before God.

Don't forget to pray for our children in the church for their education, wellbeing, upbringing and for them to spiritually engage with what our volunteers are imparting to them.

Journaling – What is God saying to you today? Write it down and act on it before the day is out.

Monday 13 January

When we are united in purpose there is so much that we can achieve together as a church – The people of Israel consecrated themselves to God in readiness to enter the Promised land to fulfil God's promise, purpose and provision in their lives.

To be consecrated to God means to be totally surrendered and set apart for His exclusive use. When we pray and fast, we present ourselves, including our body, to the Lord.

Read – Joshua 5:1-12; Romans 12:1-3; 2 Chronicles 7:12-20

Pray – today as you humble yourself before the Lord, confess before Him anything that is unhealthy, sinful, trespasses or omissions on your part that has become a stumbling block before God and ask for forgiveness.

In your personal prayer times today, present yourself to God as a living sacrifice. Tell Him your heart is open and you are wholly available for His use.

Bring our nation before God and ask God to intervene and heal our land from the Coronavirus that is affecting and corrupting every aspect of our lives in this country.

Journaling – What is God saying to you today? Write it down and act on it before the day is out.

Tuesday 14 January

When we set time apart to fast we bring ourselves before God for increase anointing in ministry.

If fasting was vital in the life and ministry of Jesus and people like Apostle Paul, the same holds true for all Christ followers today. I believe that in these days, God is calling His church to return to fasting and prayer. It is one of the pillars that sustain our lives, ministries and church. Today, many believers know how to pray and minister to other people but they haven't learned how to minister before God.

Read – Acts 14:21-28; Mark 2:18-22; Mark 16:14-20

Pray – We are praying for the church that our vision will fully unfold in the life of anyone who will genuinely and wholeheartedly commit to being part of our congregation so they will receive revelation, teaching and activation to walk in the same anointing that Jesus and the apostles walked in their earthly ministry.

Pray for salvations in all our services; be it live in the church building or online, and for our ministry to be accompanied by signs and wonders to release captives, the imprisoned and the oppressed free.

Pray for PG that God will anoint him with the Holy Spirit and power to minister to the needs of the church and wherever he will go. Pray also that he will come under the covering and protection of the Holy Spirit to walk in integrity at all times to the glory of God.

Journaling – What is God saying to you today? Write it down and act on it before the day is out.

Wednesday 15 January

It was a year ago this time that the church launched a vision to extend our ministry into homes called House of Peace – HOP for short, is an open door and opportunity to invite family, friends and loved ones to come and know Jesus. God has been faithful to us even online via ZOOM in this ministry – We have had powerful worship, apostolic teaching, people saved, activation and demonstration of the grace of God where many have received their healings and breakthroughs including financial abundance.

House of Peace (HOP) has been an incredible blessing to our church and many others so we will continue to announce and demonstrate the kingdom of God at Mega HOP for a greater part of this year.

Finally pray that you will be willing and eager to come under the covering of our church so that you will be disciplined into spiritual maturity.

Read – Matthew 5:1-12; Matthew 5:13-20; Acts 19:11-20

Pray – Ask God to show you who to invite to Mega HOP today. Pray for that person(s) and make that call.

Pray also that our church community will show up in their numbers to be encouraged and to receive a blessing.

Your faith tonight will be determined by the level of your expectation so pray for the presence of God to be in the homes of everyone who will join HOP today. We are for sign and wonders!

Journaling – What is God saying to you today? Write it down and act on it before the day is out.

Thursday 16 January

You will experience a breakthrough in your life when you set time aside in fasting, praying and worship. Fasting is a very important way to stir up worship in our souls.

When we fast therefore, we present and dedicate ourselves to the Lord, ministering to Him with sacrifices of worship and praise. Once we engage in prayer, fasting, praise and worship we release fire power from heaven to influence the affairs on earth.

God is interested in our musical talents and gifts, but He is even more interested in a heart that is full of fresh worship to praise Him in power.

Read – Psalm 149:1-9; Joshua 6:1-25; Acts 16:20-32

Pray – Once again we want to focus our prayers on the worship and also the Technical teams in our church.

We want to release more musicians and worship leaders to join our worship team so that a powerful, prophetic and responsive sound of heaven would be heard in all our worship. Pray to break and remove all spiritual embargos and witchcraft curses that anyone has placed on the ministry.

Pray for God's mercy to be upon our young Technical team in our church, for the Spirit of God to sustain them and, for an overwhelming desire and hunger for God even in their young ages so that they will be released in creativity, sensibility and innovations to serve the Lord in this church.

We urgently need to upgrade our camera and accessories to be able to capture our services, and to broadcast so people can tune in to join that in real time and get blessed. This we have to do and get ready by mid-February 2021 when we go back to meet in the church building. Pray for **financial breakthrough for our church community** and for the spirit of generosity to abound towards them so there will be freewill donations to meet the cost of £3,000.

Journaling – What is God saying to you today? Write it down and act on it before the day is out.

Friday 17 January

Fasting draws our attention to God and not self and opens doors for us to enter into the supernatural. Sometimes we never see how powerful God is until we face a crisis and we decide to fast and pray to seek God's face.

When we fast in times of crisis, God begins to sharpen our ability to see, hear and discern those realities so we can do something about it.

Read – Daniel 1:1-17; Daniel 2:14-28; Acts 5:12-16

Pray – God has given us this church so we can be a blessing to anyone who joins and worship with us. Pray that we will extend the love of God, passion and compassion to anyone who comes to us for assistance.

In every church where the Spirit of God is active, that church has to grow and expand. Pray that we will preach the gospel of Christ and bring the kingdom of God to this generation so that we also will grow and our numbers added to by the Holy Spirit.

Pray for our children and youth workers that they will lend themselves to also pray, fast and to seek God's face to become a blessing to our children and young ones. Ask God to send more volunteers to join the teams.

Also pray for our ushers, finance, building management, cleaning and hospitality teams. Include PG and the church leaders for God to cover them with His Holy presence so that none of them will be a casualty to the enemy's deceitful schemes.

Journaling – What is God saying to you today? Write it down and act on it before the day is out.

We meet on Monday at 7-8pm for prayers and Friday 7-8.30pm for prayer service on ZOOM. Join in to pray with us and be activated.