

FIVE DAYS OF PRAYER AND FASTING

Monday 30 November – Friday 4 December 2020

The bible says,

Then Jesus, full of the Holy Spirit, returned from the Jordan River. He was led by the Spirit in the wilderness, where he was tempted by the devil for forty days. Jesus ate nothing all that time and became very hungry. Luke 4:1-2 (NLT)

A people that desires to walk in the supernatural power of God should be full of the Holy Spirit in order to minister powerfully. This means, not even Satan can stop you when you take your stand to bring Kingdom realities in your life and any situation faced. Fasting therefore, is every believer's mandate from Jesus in order to move to the next level of spirituality in life.

Such people should set themselves apart in terms of time and place to fast, forgoing food to encounter the presence of God before any major event in life. This coming Christmas and the prevailing Coronavirus pandemic should sure be a reason for us as a church to seize this opportunity to be ready to face any temptation, adversity or crisis that Satan will bring our way.

Jesus Himself encourages His disciples to find the time and place to fast and pray as the right thing to do – for yourself, and also to stand in the gap for your family and your church so that the enemy will not prevail against you. **Luke 22:39-41 (NKJV)**

Fasting is a necessity and not an option to destroy the evil plans of Satan over us.

WHAT TYPE OF FASTING?

For our fasting to be effective we should devote time to pray, read the bible for revelation, seek direction from God and listen out to the Holy Spirit by reflecting and journaling so you can take action. In fasting we empower our prayers to do exploits in the name of Jesus Christ.

The whole church will commit to fast and pray for **5 days** beginning Monday 30 November to Friday 4 December 2020 inclusive – **Sunday 6 December** is going to be a healing service.

Monday – Tuesday: you will eat **one main meal** only and cut down on other food intake.

Wednesday – Thursday: No heavy meal, instead go on a **Daniel fast** of one light meal, fruit and vegetables in the day; cut out oily foods.

Friday: you will go on a **total fast** and not eat any food but drink water, juice or milk in between.

Monday 30 December

Fasting brings us closer to God and to encounter His power to do greater things. Remember that the closer you are to God the more likely that you will not cave in under pressure or fall into temptation.

Read – Luke 4:1-13; 2 Chronicles 17:1-13; Psalm 23:1-6

Pray – as you begin this **5 days** of fasting, ask God to speak to your heart to build a renewed relationship based on obedience in His word. List the things that are urgent in your life including potential crisis that you are facing; now take your stand before God and pray for breakthrough.

Pray also for yourself and the church that even our enemies will bring presents before us so we can set some before the Lord of host.

Journaling – What is God saying to you today? Write it down. What action are going to take?

Tuesday 1 December

God is calling His church to return to prayer and fasting for it is the mark of the prophetic ministry. If you want to be sharp spiritually and to keep ahead of times, you will need insight from God when you enter your secret (there) place. Prayer and fasting gives a clear direction in life, ministry and releases the Holy Spirit to demonstrate the supernatural power of God.

Read – Acts 9:1-9; 2 Chronicles 18:1-24; Acts 13:1-12.

Pray – in your prayers today, you are going to unleash the power of God against all works of evil and negative, including false pronouncements over your life. You are also going to push back any plans of the devil against you, your family and your church today.

Pray that there will be an awakening of the Holy Spirit, awareness and presence of God in our church, and anyone who worships with us will embrace the reality of Jesus Christ as Saviour and Lord.

Remember our worship team before God for fresh and heavenly worship to come from them. Pray also for unity and healing from the Lord to be upon each one of them as they minister before the Lord God, the Amen.

Journaling – What is God saying to you today? Write it down. What action are going to take?

Wednesday 2 December

House of Peace – HOP for short, is the extension of our church in homes and is **open to anyone**. HOP is a vital part of the vision of our church and ministry, which comes from the heart of God. We will therefore lead people to Christ at such meetings and also to experience His miracles and power. Yes, we want people to experience the supernatural power of God at every HOP meeting.

Be brave, be positive and show love by inviting someone new to HOP today. There is a Rhema word waiting for them so they will be activated.

Read – John 4:1-30; Matthew 28:18-20; John 1:43-51

Pray – Pray and ask God for Divine encounters to invite someone to HOP today. Pray that the word of God will be engaging and a powerful experience for all who will attend. Pray for souls to be saved, word of prophesy to be evident and curses to be broken.

Finally pray that God will meet your needs according to His riches in glory through Christ Jesus.

Journaling – What is God saying to you today? Write it down. What action are going to take?

Thursday 3 December

God wants us to know that He is our only source and deliverer at all times. There are some who are ill or sick among us and we want to bring them before God to heal them.

God is more powerful than the current viruses and any illness. We have to believe God and obey His word. Faith is a NOW word so we should speak into situations and it will change in the name of Jesus.

Read – Exodus 15:22-27; Luke 8:40-56; Psalm 35:1-12

Pray – spend time to pray for anyone you know who is ill including those whose situation are persistent or critical. In your moments of prayer and intercession, call on God that signs, wonders and miracles will be in these situations.

Pray also against the spirit of death and banish it to hell from entering your home, family or church.

This Sunday is a healing service so we will pray to expect supernatural healing to be manifested on all who will call upon the name of the Lord in our church.

Journaling – What is God saying to you today? Write it down. What action are going to take?

Friday 4 December

Fasting is the freewill abstinence from food for spiritual purposes to seek God's presence and to break (destroy) all the works of the evil one. Some of such works of evil are curses, economic lack, containment and poverty. If the enemy succeeds in putting any of these on you, your present reality and future will be curtailed and messed up.

God wants all to be in health and also to prosper. Poverty or economic lack is a curse from hell but Christ took away all our curses so we would be free.

Today we want everything to return to the point of departure – i.e. anything that the devil has taken from you or your family will return back to you in Jesus name. Amen.

Read – Genesis 2:1-15; Deuteronomy 28:1-14; 1 Timothy 2:1-7

Pray – We are going to pray that the Lord God of our fathers will make us a thousand times more numerous in financial matters than we are right now. Pray for God to bless you and restore all things to you as He has promised.

Pray for stability in your job situation and the current economic situation in our country. Pray that God will grant good jobs, promotion, increase in salary and incomes, prosperity in business and, open up a gateway for unexpected financial blessings to come to you.

We are praying for the restoration of our sons and daughters to God, our children ministry and Y-Factor and their leaders. Pray that none will become a victim of evil, discrimination, discouragement or containment. Pray that our children will become supernatural kids who will grow to achieve their redemptive potentials.

Finally pray for PG and family to be strong in the Lord and in the power of His might to receive fresh revelation each day to bless His church. Pray for God to protect them emotionally, physically, mentally and for every strategy of the devil against them to come to nought. Above all pray that they will shepherd the flock with diligence, compassion and love so they will give good account before God as overseers.

Journaling – What is God saying to you today? Write it down. What action are going to take?

We meet on Monday at 7-8pm and Friday 7-8.30pm for prayers on ZOOM. Join in to pray with us and be activated.

Look out for the prayer and fasting guidelines in your inbox and the Members section of the church website. Hard copies will be available upon request.