

SIX DAYS OF PRAYER AND FASTING

Monday 26 – Saturday 31 October 2020

The bible says,

“Is this not the fast that I have chosen: To loose the bonds of wickedness, To undo the heavy burdens, To let the oppressed go free, And that you break every yoke?” Isaiah 58:6

The start of the final week in October is when those operating in the kingdom of darkness choose to effect great evil and havoc on a world that is unsuspecting and yet ignorant of what is happening in the unseen world; people in bondage of all sorts and curses that need to be broken. We as a church are going to pray this week and **seize this opportunity** God gives us to align our lives to His will and purpose, so we can loose the bonds of wickedness to see God’s blessings over our homes and church. Jesus Himself encourages His disciples to fast and pray so they would not fall into temptation. Luke 22:40 (NKJV)

Fasting is every believer’s mandate from Jesus because it is the right thing to do for yourself, and also to stand in the gap for your family and your church in order to have breakthroughs in life.

WHAT TYPE OF FASTING?

Fasting means covering the mouth, setting times aside to pray to God to seek His face, reading the bible for direction and listening out to the Holy Spirit by reflecting and journaling so you can take action.

The whole church will commit to fast and pray for **6 days** beginning Monday 26 to Saturday 31 October 2020 inclusive – **Halloween night**. You can also continue fasting into Sunday 1 November which is also **All Souls day** i.e. people connecting with the dead.

Monday – Tuesday: you will miss one main meal and cut down on other food intake

Wednesday – Thursday: you will miss two main meals, drink water, juice or milk in between

Friday – Saturday: you will not eat any heavy meal but one light meal in the day; cut out any oily food.

Monday 26 October

Fasting is one of the keys to entering the presence of God because it enables us to focus exclusively on our relationship with Him. God has always desired to be one with us in relationship. It is in so doing that we can receive His life in an ongoing way. The result will be that God will commit His power to us. Remember that every time a believer develops a close, personal, continual, progressive relationship with God, there will be an inflow of His power – no relationship, no power.

Read – Isaiah 58:6-12; John 10:10-15; Luke 18:1-8

Pray – as you begin this **6 days** of fasting, ask God to mark your heart to build a renewed relationship based on intimacy with Him. List the things that have stood in your way or situations that are urgent including potential crisis that you are facing; now take your stand before God in His courts and present your case before your heavenly judge for justice.

It is injustice for the enemy to hold on to some of our people as spoils and keep them away from receiving what God has for them. Bring as many names as the Spirit will put on your heart and pray for them to rescue them back to where they belong.

Pray also for the church that we will be one in seeking God's face as a corporate body to destroy the works of the evil one.

Journaling – What is God saying to you today? What is your response? Write it down

Tuesday 27 October

God is calling His church to return to prayer and fasting for it is one of the pillars that sustain our lives and ministry. When you fast and pray you become spiritually alert but when you stop doing that you lose your fire and passion for God. Today I am calling you in Jesus name to return to your first love for God. Praying to see your loved ones saved and delivered from the evil one. Turning your challenges around becomes only a matter of hope but not an urgent priority if it is not backed by fasting.

Read – Matthew 13:24-30; Ephesians 6:10-18; James 4:7-10

Pray – in your prayers today, you are going to unleash the power of God against all works of evil in heavenly places that want to contaminate, contain and cloud your harvest. You are also praying to clothe yourself with the armour of God and the Holy Spirit to push back any plans of the devil against you, your family and your church this week.

Pray that there will be an awakening of the Spirit, awareness and presence of God in the hearts of all who worship with us and every new person God adds to our church to embrace the reality of our faith through Christ our Saviour.

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Wednesday 28 October

House of Peace – HOP for short, is the extension of our church in homes and is **open to anyone**. HOP is a vital part of the vision of our church and ministry, which comes from the heart of God. The Lord Jesus loves every soul and does not want any to perish. Therefore we lead people to Christ at such meetings and also to experience His miracles and power.

It is our responsibility in response to Jesus' mandate to reach out and invite our family members, neighbours, friends and work colleagues who don't know Jesus Christ to come to HOP and be activated.

Effectively, HOP is a place where the community can encounter God by receiving hope, freedom, power and everlasting peace.

Read – Mark 16:15-20; Luke 4:18-21; Matthew 28:18-20

Pray – first and foremost, let us all pray this prayer aloud:

Pray that Mega HOP on Zoom tonight will be a powerful experience for all who will attend. Pray and ask God for Divine encounters to invite someone to it today. Pray for word of prophesy to be evident, souls to be saved, curses to be broken and those who come to be blessed.

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Thursday 29 October

In this week of evil, remember that the devil and his cohorts will intensify their activities in darkness to frustrate and attack people especially Christians. But our God is supernatural and operates in the light. God want us to know that He is our only source and deliverer at all times.

God is more powerful than the devil and we likewise can be very powerful when Satan comes against us. All we need to do is to believe God and obey His word, and use it as a weapon to defeat everything Satan throws at us.

Read – 2 Corinthians 10:3-6; Hebrews 4:11-14; Isaiah 59:16-21

Pray – spend time to pray for yourself and family today. In your moments of prayer and intercession, remember also to pray for your church that the word of God will be taught with revelation, authority, clarity and power especially during this week so that signs, wonders and miracles will be common whenever we meet.

Finally, pray that you will listen to God's voice only and live by every word that proceeds from the mouth of the Lord.

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Friday 30 October

Fasting is the freewill abstinence from food for spiritual purposes to seek God's presence and deepen one's relationship with Him. We should engage in fasting for a purpose; for the purpose of seeking God in prayer at a greater level, receiving His revelation of what He wants to do in our lives and in the lives of others whom we love. We are fasting so the enemy will not harm anyone in our lives and the church.

God want things to return to the point of departure – anything that the devil has taken from you or your family will return back to you in Jesus name. Fasting therefore is **not an option** but a necessity to destroy the evil plans of Halloween. In fasting we empower our prayers to do exploits in the name of Jesus Christ.

Read – Luke 5:33-39; Ephesians 1:13-21; 1 John 3:8

Pray – We must subject our doctrines and theologies to the fresh wineskin of the Holy Spirit so we can see what the enemy is planning before he even implements those. Pray for fresh wineskins of revelation and understanding to know things in the spirit so you can deal with it.

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Saturday 31 October

When the Lord leads us to fast, we need to respond. Remember prayer and fasting changes us, not God. Demons are very brave and bold towards the weak, but against an anointed child of God who is full of faith, they tremble. Satan runs his group of demons as a military unit, strategizing when to bring maximum destruction to people, and today being Halloween night is typical of such days.

One of the things that exist in the unseen world, is the power of arrest. Demons use this all the time, and so can we, through the power of the Holy Spirit. As believers enlisted in the army of the Lord, we must exercise this power against every demon force. Once God's angels arrest these demons, they cannot operate in your environment again, unless there is a spiritual trespass committed.

Read – Acts 16:16-18; Acts 13:4-12; Mark 1:23-27;

Pray – today we want to focus our prayers in exercising the power of the Holy Spirit to arrest every demonic activity released into our communities by the demons of Halloween. You have to be brave and bold to cast them out from your home, life and community including your church.

Tell the enemy to be quiet and come out right now in the name of Jesus. You are able to move mountains. Mark 21:21-22

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For those who want to continue the fast till Sunday after church service, please follow the outline below for prayer and action:

Sunday 1 November

If fasting was vital in the life and ministry of Jesus and people like Apostle Paul, the same holds true for all Christ followers today. I believe that in these days, God is calling His church to return to fasting and prayer. It is one of the pillars that sustain our lives, ministries and church. You will experience a breakthrough in your life when you make fasting and praying a regular part of your lifestyle.

God is bringing us back to the end times in the spiritual realm and walk in the power of the Holy Spirit. As we fast and pray in God's presence, He provides us with wisdom, strength and anointing. There is even more power released when we meet as a corporate body with prayer and fasting.

Read – Daniel 2:16-19; Acts 4:29-31; Acts 10:38

Pray – God has given us a vision for the now, this decade and beyond; today pray that the vision pathway for the church will unfold even more powerfully in the coming years ahead. Pray that the supernatural presence of God to save, make disciples, heal the sick, cast out devils and to set free all those who are oppressed will be evident as a signature in our church.

Pray also for PG and the church leaders to have a sense of urgency and compassion to hear from the Lord to work through what the Lord will reveal to them to take this church forward in wisdom, knowledge and supernatural ministry.

Journaling – What is God saying to you today? What is your response? Write it down

We meet on ZOOM on Monday, Tuesday and Thursday at 7pm-8pm for prayer and Friday and Saturday 7pm-8.30pm in the Sanctuary for Prayer Service. Join in to pray with us and be activated.

Look out for the prayer and fasting guidelines in your inbox and church website.