

SSBC Week of Prayer and Fasting Monday 2 – Friday 6 December 2019

Welcome to our corporate church Prayer and Fasting for December 2019.

Why are we fasting in the first week in December?

John Ramirez wrote: “December is when Christians are shopping and don’t care much about anything else. This is also the time the demons are preparing for next year, they are shifting principalities in rotation and cycles for things to happen in different places, because there are patterns and cycles in the kingdom of darkness and how they move. They infiltrate neighbourhoods and churches and build strongholds in our lives. This is why it is important to fast in December.”

The Church is fasting in the month of December for a purpose. Therefore, ask the Holy Spirit to release within you a hunger to fast and a desire to make fasting a lifestyle rather than just an event.

Apostle Guillermo Maldonado in his book titled the ‘Breakthrough Fast’ says “high ranking, demonic spirits are not defeated without prayer and fasting. Jesus taught that fasting, in combination with prayer, is a spiritual weapon for dealing with powerful demonic spirits. Matthew 17:14-21”

WHAT TYPE OF FAST?

- You may want to choose one, two or three days for a total fast (drinking only water) or do a partial fast for the week
- Partial fast – miss one or two meals in the day or alternatively you may eat light meals e.g. porridge or fruits/vegetables, drink milk.
- Please speak to any of the leaders if you need advice on what type of fast to undertake.

NEW TO FASTING?

If you are new to fasting and wondering “How do I fast for it to be effective?” please speak to a church leader and you would be given direction.

Please check with your doctor if you are underweight, on medication or pregnant before you fast.

Monday 2 December

1 Kings 18:1, 17-18 Elijah was God’s man and spokesperson who would not allow the people of God to continue to live double lives. He was passionate for God and wanted to see the restoration of true worship of God and His power in the lives of Israel. Without true worship, one comes under the spell of a very wicked spirit called Jezebel whose aim is to make you powerless and eventually destroy you and your house.

Pray to restore the supernatural power of God and the prophetic voice to this church, your house and beyond.

Spend time to pray for yourself and your family.

Tuesday 3 December

1 Kings 18:30-39, 2 Kings 9:30-37 During the time Elijah the prophet started to prophesy to the nation of Israel, there was a power operating through the nation to confuse people so they lost their way and stopped following God. This is how the spirit of Jezebel operates. God therefore raised Elijah to confront it. The spirit of Jezebel confuses the people of God and Christians end up leaving the church especially when the Holy Spirit is moving. The Jezebel spirit ruins families, relationships, it works to gain access to the church. We need to recognise this spirit and understand our need to stand up to it.

Pray to restore the altar of the Lord, restore true worship from the hearts to confront the spirit of Jezebel.

Spend time to pray for yourself and your family.

Wednesday 4 December

Habakkuk 2:3, Acts 17:22-23; Hosea 4:6 Vision of the house: Pastor Gideon shared the vision of the house at Vision and Culture Night in October that everyone who worships with us regularly or is a member of the church is encouraged to go through the affirmation stage beginning with A New Life, A New Beginning up to House of Peace (HOP) retreat.

Apostle Maldonado wrote: "There is a generation that wants everything for nothing, without paying a price. We look for shortcuts to succeed. Commitment is key to success in the family, sports, business, studies, etc. When we commit, we give ourselves to a person, vision, cause or purpose." **Psalm 50:5**

"One of the things that happen to those who do not commit is that they turn back ie they backslide. They come to the Church because they want their need to be met, they are saved, they are healed, they are delivered, the family restored, but they never commit to God, or to the church. Those who do not commit return to illness, addictions, poverty, sin and bondage etc. that they are delivered from **John 6:66**"

Pray that those engaging with the discipleship pathway will show total commitment to God, the vision and their spiritual father, Pastor Gideon.

Spend time to pray for yourself and your family.

Thursday 5 December

Revelation 2:14-16; 20-23; Luke 4:13 Patterns & Cycles: In his book Armed and Dangerous John Ramirez says "We even see patterns and cycles of the evil one in world events. They show up as headlines news in your local newspapers or on the TV, but what appear to be copycat crimes are really the same demonic spirits operating in the spirit realm, moving from one place to continue the flow. This demonic activity is what causes patterns and cycles in our lives if we do not cut it at the root – in our families, our marriages, our ministries and our loved ones. We must be spiritually on guard or these patterns will eat away at us like cancer, causing one tragic event after another." These patterns are effectively generational curse. Pray to break the cycle and works of evil, wickedness and curses over your life, family and the church.

Isaiah 54:17, Psalm 35:1-3; Isaiah 62:8-9 The above statement has been the case with the growth of the church in the last few years. Just as we are growing in number, something unexpectedly happens, and people move on maybe through buying a house outside of London or changing jobs that takes up so much of the persons time they are not able to volunteer or sometimes they leave without prior notice. The enemy has a tendency to attack and empty a church when the Holy Spirit is moving powerfully. This attack can happen in your life or family as well.

In the case of the worship team in the last three years, just as we are forming a band the unexpected happens and the musicians just leave. In other words, people are prematurely uprooted from the church through one reason or another.

Please pray, be on the offensive, be spiritually on guard; stop these tragic events from taking place in your life and the life of the church and worship team. *Surely, I will no longer give your grain as food for your enemies, says the Lord.*

Also pray that people that have committed to join the worship ministry will not leave prematurely.

Spend time to pray for yourself and your family.

Friday 6 December

Colossians 2:15 As Christians we want to be strong, powerful and celebrate this Christmas with joy. Pray using the scriptures below in any area that the enemy is attacking you. "There are many weapons, which God used in the bible against the enemies of His people. Here are just a few listed for you to use against the powers of darkness when you pray. Satan and his demons hate these weapons to be used against them." Quote by Pastor Ed Citronnelli.

1. Thunder 1 Samuel 7:10
2. The rod of God Exodus 4:2-5 (NKJV)
3. Panic 2 Kings 7:6-7
4. Plague Zechariah 14:12 (Also, the 10 Plagues of Egypt—Exodus 7: 14-11: 10)
5. Feet upon the neck of the enemy Joshua 10:24
6. Angels of war 2 Kings 19:35
7. Confusion Exodus 23:27
8. Prayer & Fasting Matthew 17:14-21

Spend time to pray for yourself and your family.

During the week of Prayer and Fasting the church will be open for powerful prayers on **Monday, Tuesday and Thursday 7pm-8pm**

There will be Corporate (i.e. whole church) **Prayer Service on Friday evening from 7:00pm-8:30pm.**

All (including your children) are welcome to join us during the weekday evenings and for powerful times of prayer, praise, worship and activation to end the fast.