# SSBC Week of Prayer and Fasting Monday 28 Oct – Friday 1 Nov 2019

Welcome to our corporate church Prayer and Fasting for October 2019.

Why are we fasting in the week of Halloween?

John Ramirez, an evangelist and author who was a devil worshipper for 25 years said when Jesus came to his house, (i.e. before he, John Ramirez became a Christian) he was preparing the most hellacious demonic attack that the human kind will see in witchcraft because October is witchcraft month in the demon world and so is December. These are the two most powerful months in the witchcraft year in the world of the witches, warlocks and principalities, his cronies and territorial demons. October is a demonic month (Halloween). December is when Christians are shopping and don't care much about anything else. This is also the time the demons are preparing for next year, they are shifting principalities in rotation and cycles for things to happen in different places, because there are patterns and cycles in the kingdom of darkness and how they move. They infiltrate neighbourhoods and churches and build strongholds in our lives. This is why it is important to fast in October and December.

## SOME SCRIPTURE AND ENCOURAGING WORDS TO FOCUS OUR MINDS

# Colossians 2:15 (AMP)

15 When He had disarmed the rulers and authorities [those supernatural forces of evil operating against us], He made a public example of them [exhibiting them as captives in His triumphal procession], having triumphed over them through the cross.

### Mark 9:29 (NKJV)

29 So He said to them, "This kind can come out by nothing but prayer and fasting."

**Apostle Guillermo Maldonado** in his book titled the Breakthrough Fast says "If today's believers only knew the spiritual power for breakthrough that comes through fasting, they would practice it more! A breakthrough is a sudden spiritual burst that pushes us beyond our limitations and into deliverance and freedom... now is the time to press through to breakthrough by developing a lifestyle of fasting and prayer."

#### WHAT TYPE OF FAST?

- You may want to choose one, two or three days for a total fast (drinking only water) or do a partial fast for the week
- Partial fast miss one or two meals in the day or alternatively you may eat light meals e.g. porridge or fruits/vegetables, drink milk.
- Please speak to any of the leaders if you need advice on what type of fast to undertake.

#### **NEW TO FASTING?**

If you are new to fasting and wondering "How do I fast for it to be effective?" please use the next section to help you structure your time with God.

## What to do when you are fasting:

Supposing you set aside an hour during your lunch time what do you do?

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1:00 – 1:10pm – Worship

1:10 – 1:20pm – Prayer

1:20 – 1:35pm – Read the bible

1:35 – 1:45pm – Meditate

1:45 – 1:50pm – Journal

1:50 – 1:55pm – Silence

1:55pm – make your way back to the office!
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You can use the above model to increase the time depending on your level of maturity in the faith or the length of time you have on your hands.

Please check with your doctor if you are underweight, on medication or pregnant before you fast.

#### **Monday 28 October**

**Zechariah 4:6, Acts 1:8** Pray to be filled with the power of the Holy Spirit; this is the only way we can be victorious in spiritual warfare.

**Genesis 8:1-12, Acts 3:19** The Holy Spirit want somewhere to settle but will not land or settle where there is sin, unforgiveness, doubt or unbelief so repent if any of these apply to you. Repentance has to do with firmly deciding to turn away from our lifestyle of error and sin. It is to renounce to rebellion, self-sufficiency, stubbornness, and self-righteousness to submit to God and carry out His conditions. "Repent therefore and be converted, that your sins may be blotted out, so that times of refreshing may come from the presence of the Lord"

# **Tuesday 29 October**

Colossians 2:15, Isaiah 49:24-26 Many households, neighbourhoods, churches are under a curse of control by demonic forces; by spirits of murder, suicide, poverty, immorality, adultery, homosexuality, by spirits of insanity that know how to steal your mind, spirits assigned to break up families, spirits of rape etc. Pray to destroy and break the curse of control by demonic forces in your life, your family and the church.

### Wednesday 30 October

Acts 2:41-47, Proverbs 29:18; Daniel 11:32. Vision pathway: pray for continuity, participation, openness to receive and for lives to be changed in the supernatural among those who want more of God in this church. Pray that you will hunger and thirst for intimacy with God. The bible says, "Blessed are those who thirst and hunger after righteousness for they shall be filled."

**Vision of the house** – pray that those engaging with the discipleship pathway will choose to allow the encounter with God at every stage to transform their lives, that they will choose to walk in obedience with the Word of God and do great things – *The people who know their God shall be strong, and carry out great exploits.* 

Matthew 28:18-20 Pray that those who are reluctant to attend the discipleship pathway will experience or hear clearly to surrender to God and be saved for without vision, the people

will perish. In this end times, Jesus is looking for disciples to carry out His mandate and not just believers.

## **Thursday 31 October**

Revelation 2:14-16; 20-23; Luke 4:13 Patterns & Cycles: In his book Armed and Dangerous John Ramirez says "We even see patterns and cycles of the evil one in world events. They show up as headlines news in your local newspapers or on the TV, but what appear to be copycat crimes are really the same demonic spirits operating in the spirit realm, moving from one place to continue the flow. This demonic activity is what causes patterns and cycles in our lives if we do not cut it at the root – in our families, our marriages, our ministries and our loved ones. We must be spiritually on guard or these patterns will eat away at us like cancer, causing one tragic event after another." Pray to break the cycle and works of evil, wickedness and curses over your life, family and the church.

**Isaiah 54:17, Psalm 35:1-3; Isaiah 62:8-9** The above statement has been the case with the growth of the church in the last few years. Just as we are growing in number, something unexpectedly happens, and people move on maybe through buying a house outside of London or changing jobs that takes up so much of the persons time they are not able to volunteer or sometimes they leave without prior notice. In the case of the worship team in the last three years, just as we are forming a band the unexpected happens and the musicians just leave. In other words, people are prematurely uprooted from the church through one reason or another. Please pray, be on the offensive, be spiritually on guard; stop these tragic events from taking place in your life and the life of the church and worship team. *Surely, I will no longer give your grain as food for your enemies, says the Lord*.

# Friday 1 November

**Ephesians 6:10-18** Use the spiritual weapons given you backed by scripture to disarm the enemy in any area of your life that he wants to attack.

- 1. The Name of Jesus Philippians 2:9-11
- 2. The Blood of Jesus Revelation 12:11
- 3. The Word of God Jeremiah 23:29
- 4. Speaking in Tongues Romans 8:26
- 5. Prayer Psalm 50:15
- 6. Praise and Worship 2 Chronicles 20:21-22
- 7. Pulling Down Strongholds 2 Corinthians 10:3-4

During the week of Prayer and Fasting the church will be open for powerful prayers on *Monday and Tuesday 7pm-8pm* 

There will be Corporate (i.e. whole church) **Prayer Services on Thursday & Friday evenings** from 7:00pm-8:30pm.

All are welcome to join us during the weekday evenings and for powerful times of prayer, praise, worship and activation to end the fast.