

SSBC Week of Prayer and Fasting Monday 8 April – 12 April 2019

Welcome to our second session of whole church Prayer and Fasting for 2019.

Apostle Guillermo Maldonado in his book titled the Breakthrough Fast says “If today’s believers only knew the spiritual power for breakthrough that comes through fasting, they would practice it more! A breakthrough is a sudden spiritual burst that pushes us beyond our limitations and into deliverance and freedom... now is the time to press through to breakthrough by developing a lifestyle of fasting and prayer.”

What type of fast?

You may want to choose one or two days for a total fast (only water) or do a partial fast for the week (Partial fast - miss one or two meals or alternatively you may eat light meals e.g. porridge or fruits/vegetables, drink milk). Please speak to any of the leaders if you need advice on what type of fast to undertake.

New to Fasting?

If you are new to fasting and wondering “How do I fast for it to be effective?” please use the next section to help you structure your time with God.

What to do when you are fasting:

Supposing you set aside an hour during your lunch time what do you do?

1:00 – 1:10pm – Worship

1:10 – 1:20pm – Prayer

1:20 – 1:35pm – Read the bible

1:35 – 1:45pm – Meditate

1:45 – 1:50pm – Journal

1:50 – 1:55pm – Silence

1:55pm – make your way back to the office!

You can use the above model to increase the time depending on your level of maturity in the faith or the length of time you have on your hands.

Please check with your doctor if you are underweight, on medication or pregnant before you fast.

Monday 8 April

Finances

Pray that you will be blessed financially and when you are blessed, be generous towards the house of God.

Pray that God will bring a shift in your financial economy as a result of your generous giving to the church. Ask God to increase your incomes and send you money in unexpected ways.

Pray that people in the church will tithe their income so that the blessings of Abraham will be upon them. Pray also that people will give and continue giving towards the building project for God to bless them and generations to come.

Read; Proverbs 3:5-10; Genesis 12:2-3; Deuteronomy 28:1-8

Tuesday 9 April

Strongholds

Guests attend our services and they are blessed, they indicate they want to come back but they don't. This has been a pattern in the church for many years now. Pray and remove whatever is driving guests away from the church.

In your prayers, confess the sins of past and present generations in the church, especially in the area of disobedience to the word of God and ask for forgiveness.

Pray to break any curses over SSBC

Read; Deuteronomy 28:15-20 & 31; Numbers 22:1-6; Isaiah 42:5-8

Wednesday 10 April

Marriages

Quite a number of marriages in the church are under pressure from the enemy. Pray against the enemies attack on marriages and unfaithfulness in marriages.

Pray for men to stand in the priesthood duties, for their hearts to be open to God and become obedient to His word.

Read; Exodus 28:1-2 & 35-38; Ephesians 5:1-7; Ephesians 5:22-33

Thursday 11 April

Families

Pray for homes to be restored, parents and children to know God and obey Him. We want God's blessings to be in homes so that there will be salvation and healing in homes. We want the presence and power of God to be experienced in every gathering, meetings and services of the church.

Read; Ephesians 6:1-4; Deuteronomy 6:4-15; 2 Chronicles 7:14-16

Friday 12 April

PG and Irene

Pray for God's protection over PG and Irene and pray for revelation to lead the church in this vision pathway.

Pray that the enemy will not succeed in striking them to scatter the sheep.

Read; Isaiah 62:1-12; 1 Kings 22:17; 2 Timothy 2:1-4

During the week of Prayer and Fasting the church will be open on Monday, Tuesday and Thursday evening from 7:00pm-8:00pm for an hour of prayer.

All are welcome to come for an evening of corporate prayer and a time of reflection. Access via the main doors.

Join us again for a powerful time of prayer, praise, worship and activation to end the fast at our Prayer Service on **Friday 12 April at 7.30pm**; doors open at 7:00pm. Access via the main doors.