

SSBC Week of Prayer and Fasting Monday 9 – Friday 13 July 2018

Welcome to our third whole church Prayer and Fasting week for 2018.

Ask God to open your heart and mind so you can engage with His Holy Spirit as you pray and fast this week. When we fast, we abstain from food for spiritual purposes. Fasting is a major key to effective praying. Fasting is a God appointed way to humble ourselves – the greatest single barrier to our prayers is pride. Humility is an essential condition for prayer. God said, “If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land.” 2 Chronicles 7:14.

We will have a Prayer Service every night **Monday 9 – Thursday 12 July from 7:00pm-8:00pm.**

We will all then come together to end our week of prayer and fasting at our Prayer Service in the church on **Friday 13 July 2018 at 7.30pm**; doors open at 7:00pm.

What type of fast?

You may want to choose one or two days for a total fast (only water) or do a partial fast for the week (Partial fast - miss one or two meals or alternatively may eat light meal e.g. porridge or fruits/vegetables, drink milk). Please speak to any of the leaders if you need advice on what type of fast to undertake.

New to Fasting?

If you are new to fasting and wondering “How do I fast for it to be effective?” please use the next section to help you structure your time with God.

What to do when you are fasting:

Supposing you set aside an hour during your lunch time what do you do?

1:00 – 1:10pm – Worship
1:10 – 1:20pm – Prayer
1:20 – 1:35pm – Read the bible
1:35 – 1:45pm – Meditate
1:45 – 1:50pm – Journal
1:50 – 1:55pm – Silence
1:55pm – make your way back to the office!

You can use the above model to increase the time depending on your level of maturity in the faith or the length of time you have on your hands.

Please check with your doctor if you are underweight, on medication or pregnant before you fast.

Monday 9 July

2 Chronicles 7:14 – God promises to hear us and heal our land i.e. church/home/finances and all that concerns us but we must first acknowledge where we have sinned or gone against his instructions as a corporate body and as individuals, we must humble ourselves

(through fasting) and pray and seek His face and turn from our wicked ways, then He will hear from heaven and heal our land.

Prayer – Read the passage slowly and ask the Holy Spirit to reveal to you where you need to humble yourself, pray, seek God’s face and ask Him to show you what wicked ways you need to turn from, then be obedient to the leading/prompting of the Holy Spirit.

Tuesday 10 July

Numbers 22:1-12 – Balak, king of Moab was terrified of the people of Israel because he had heard how they defeated the Amorites, Balak knew God was with the Israelites and they were a powerful nation, so he wanted to weaken them by cursing them. In the same way, the enemy is aware of what we are capable of achieving as a church in this community and placed a curse on this church to render it powerless. The curses spoken has come in the form of some people leaving angry and speaking or writing negative words over the church or through occult/witchcraft practices being done against the church.

“If a curse is so real that Jesus had to provide deliverance from a curse then don’t entertain the thought that there is no power in curses.” Quote by Derek Prince. Jesus bore our curses so we will be released from it. Galatians 2:13-14

Some people have openly said curses over the church and its leaders when they were leaving. There was also one particular lady who would stand in front of the church and curse it in broad day light.

Prayer – Let’s repent of anything we have done as a church or individuals so that the curses that are still be working will be of non effect. Proverbs 26:2. Pray Ephesians 1:7 and Colossians 1:13-14 over you, your household, the church and its leaders.

Wednesday 11 July

1 Kings 21 – There was never anyone like Ahab, who sold himself to do evil in the eyes of the Lord, urged on by Jezebel his wife. He behaved in the vilest manner by going after idols, yet when he heard the pronouncement of a curse on him and his family, he repented, fasted and showed humility so God changed his mind and did not bring disaster upon. If fasting could do that for Ahab, what potential does fasting have for you, your family and the church?

Prayer – Pray for the spirit of prophecy to be upon this church as it was on Elisha so that we will see clearly and hear the enemy’s plans and be on our guard.

Pray that God would intervene and avert the disaster that our sins as a church is bringing on us or the enemy wants to bring on you in your personal life, finances, relationships, and any area of your life.

Thursday 12 July

Deuteronomy 28:1-2 & 9-14 – God promises favour, fruitfulness, prosperity and provision if we will walk in obedience. God will bless what we bring home and not blow it away. Haggai 1:6,9.

Prayer – Pray that you will diligently hear the voice of God and obey and live under His blessings in all areas of your life, especially financial blessings.

Pray that as a church, we will collectively walk in obedience so that the Lord will guarantee a blessing on everything we do and will fill our storehouses with grain – this means you will be prospered in all area of your life. The Lord your God will bless you in the land he is giving you. Pray the same for the church that we will lend and not borrow.

Pray also for biblical growth for the church.

Friday 13 July

2 Chronicles 22:6-16 – David had it in his mind to build the Lord a temple but because there was so much blood on his hands the Lord told him, his son Solomon would rather built it. Nonetheless David made sure there was enough provision, supplies and resources in abundance for the House of God to be built. Besides, the leaders, the people and even the builders contributed to the building of the house of God. David blessed and commissioned Solomon to the construction of the temple and also prayed for peace and rest over his life and all around his son.

Prayer – Pray that the new building contractors will agree to do the renovation works for the church, the total cost to still be within the church's budget. Pray also that we will get VAT exemptions from HMRC regarding the disabled parts of the building works. Also ask God to give us favour with our neighbour to the right of the church (number 64 Greenwich South Street) so that we can come to a peaceful and amicable agreement about the party-wall (i.e. the common wall we share) without causing delays or wasting our money. Above all pray that God will send us money in unexpected ways (I am praying for £100,000) to help with the completion of all the works. Pray that all the people of our church will have a mind to build, even giving generously towards it.